



**New Direction™**  
**Family Law**

919-719-3470

*With change comes empowerment*



### **Staff Spotlight** **Felicity "Fizzy" Little**

During the financial crisis in 2009, facing a lot of uncertainty about my future, I made the choice to go back to school to become a paralegal. The first course I took was Family Law, and I knew at that point that I wanted to focus my education and career on that sector of the law. While in school, I interned with LegalAid, and saw the widespread need for compassionate and knowledgeable domestic counsel in our community.

Simultaneously, as a single mother, I was experiencing many of the issues faced by our clients. Working as a family law paralegal, I am able to utilize my personal experiences to exhibit empathy to my clients and satisfy my personal aspirations to help those in need. I am also able to constantly learn, as no single case is exactly alike. My own personal and professional principles are aligned with New Direction Family Law's objectives—we view each client individually, with unique circumstances and goals, and we assist them in adapting to the new chapter in their life, much as I did when I chose to become a paralegal years ago.



## How to Solve the Stress of the Single Parenting Equation

Did you know that one of every four American children live in a single-parent home? That means if you're a single parent, you've got lots of company and lots of experience with trial and error to help you find your single parent mojo.

The circumstances may vary (some parents are divorced, others are widowed, and others are single parents by choice), but for many, the reality is that single parenting can be stressful, demanding, and hectic. If you are a single mom or dad, there are strategies to help reduce the stress in your life that can lead to a whole new exciting and joyful way of parenting.

[Read full article](#)

**interact**  
safety support awareness

Domestic Violence

**Appetizers & Accessories  
Fundraising Event to benefit  
InterAct of Wake County**

Hosted by  &   
INDEPENDENT DISTRIBUTOR

**Shopping is fun, but shopping with a purpose is even more fun!**

October is Domestic Violence Awareness month and New Direction Family Law is partnering with Wendy Darby of Premier Designs Jewelry to help FUNdraise for InterAct.

**InterAct** is a private nonprofit organization that provides safety, support, and awareness to survivors of domestic and sexual violence. InterAct also promotes violence-free relationships and communities through collaboration, public information, education, and advocacy.

25% of the proceeds from the event will be donated to InterAct to help support victims and survivors of domestic violence.

**When:** October 26, 2016

**Time:** 6:00-8:00 PM

**Where:** 617 W. Jones Street, Raleigh, NC 27603

Click [HERE](#) for more information and to RSVP

Know a local organization that you'd like to see featured in our newsletter? We'd like to help spread awareness and encourage community involvement.

For more information, please contact Jen Bordeaux, Director of Public Relations, at [jennifer@newdirectionfamilylaw](mailto:jennifer@newdirectionfamilylaw) or (919) 719-3470.



## What's Going on in the Triangle

- October 8, 2016 Triangle Run/Walk for Autism ([learn more](#))
- October 16, 201 Barktoberfest ([learn more](#))
- October 18, 2016 Project Enlightenment Workshop: What Makes Them Tick? Understanding Your Child's Temperament ([learn more](#))
- October 22, 2016 Midtown Pumpkin Palooza ([learn more](#))

- October 26, 2016 Appetizers & Accessories Fundraising Event to benefit InterAct of Wake County ([learn more](#))

For a list of more local events click [here](#)



## Monthly Words of Empowerment

“The secret of change is to focus all of your energy, not on fighting the old, but on building the new.” - Socrates



# 4 a Better Life™

Health | Wealth | Wisdom | Love

## Workshop Series

COMING SOON

“4A Better Life” is a series of workshops that serve as a resource for empowering change by equipping and educating the local community. Leveraging experts in various professional fields that deliver timely information, participants are encouraged to broaden their knowledge and to embrace their best life now and feel empowered moving forward! Stay tuned for more information!

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Raleigh, NC 27603  
newdirectionfamilylaw.com  
info@newdirectionfamilylaw.com

