

With change comes empowerment



Staff Spotlight

Jen Bordeaux - Dir. Of Public Relations

Have you ever started down one path thinking you had everything figured out and then the next thing you know, you end up somewhere you never expected? Yeah...me too! While it may have been unexpected, and at times unwelcomed, I finally realized as soon as I stopped focusing on what didn't happen the way I originally expected it to, I was able to see that my future looked a whole lot brighter than the past. Stumbling on that discovery was such a triumphant feeling, and that's exactly what I want to help people realize when going through a separation or divorce.

As a child, I witnessed my parents' 14-year marriage end and quickly learned that divorce is devastating, usually wanted more by one spouse than the other, and disruptive to the family unit. Of course my mom feared the unknown-- How do I start over? How do I provide for my children? Who am I without my partner of the last 14 years? At 7 years old, I didn't understand the full magnitude of what was happening, but looking back now, I think of the strength and insight that my mom gained from that experience and how she never lost focus on what was best for me and my brother—that's my motivation to help our clients.

Education is power! The more I can help spread awareness about family law and help people understand that they are not alone when going through a separation/custody battle/domestic violence, etc., the better. Whether it's working with New Direction and our awesome legal team or needing services of one of our trusted resource partners, we're here to support those in need and help them take control of their situation. John F. Kennedy once said, "Change is the law of life. And those who look only to the past or present are certain to miss the future." You may not have asked for a change like divorce, but I want to do my small part to ensure you don't miss the future you deserve!



Adoption: Types, Thoughts and Considerations

Adoption has changed my life. My son was adopted at birth and in one moment my life was forever changed. I know how fortunate I am to have the resources and opportunity to have this precious baby come in to my life and change my focus from me... to we. Unfortunately, thousands of children are still waiting for their forever home.

Adoption takes many forms – from adopting a child in foster care, step-parent adoptions and consensual adoptions.

Each year, November is recognized as National Adoption Awareness Month. While all adoption-related issues are important, the particular focus of this month is the adoption of children currently in foster care. In North Carolina there are over 11,000 children in foster care. The Department of Social Services, in each North Carolina county, provides training for foster parents and services for potential adoptive parents.

[Read full article](#)

Friends-Giving with  **New
Direction™
Family Law**

To benefit Note in the Pocket



**Join New Direction Family Law in kicking off the holiday season
by supporting Note in the Pocket**

Bring new or gently used boys and girls clothing to the event and we'll make sure it gets to Note in

the Pocket. Immediate items needed are:

1. Boys pants and shirts size 8-12 regular (not slim or husky)
2. Girls clothing size 12 pants and long sleeve tops
3. Mens socks sizes 6-12 (for teenagers)
4. Children/adolescent/adult underwear & socks (new)

Note in the Pocket provides clothing to impoverished and homeless children in Wake County. Note in the Pocket believes it is unacceptable that children are limited in their educational and social development because they do not have appropriate clothes for school and WE DO TOO!

For more information about Note in the Pocket visit www.noteinthepocket.org.

When: Wednesday, November 9, 2016

Time: 6:00-8:00 PM

Where: 617 W. Jones Street, Raleigh, NC 27603

Click [HERE](#) for more information and to RSVP

Know a local organization that you'd like to see featured in our newsletter? We'd like to help spread awareness and encourage community involvement.

For more information, please contact Jen Bordeaux, Director of Public Relations, at jennifer@newdirectionfamilylaw or (919) 719-3470.

BATTLE OF THE BLUES 5K Fundraiser

Supporting the NICU Family Advisory Groups



What's Going on in the Triangle

- November 4, 2016 PJs and Popcorn ([learn more](#))
- November 9, 2016 Friends-Giving with New Direction Family Law to benefit Note in the Pocket ([learn more](#))
- November 12, 2016 Battle of the Blues 5k ([learn more](#))
- November 21, 2016 ADHD Community Education ([learn more](#))
- December 2, 2016 Marbles Evening with Elves ([learn more](#))

For a list of more local events click [here](#)



Monthly Words of Empowerment

"Life's roughest storms prove the strength of our anchors" - Unknown



4 A Better Life™

Health | Wealth | Wisdom | Love

Workshop Series

SAVE THE DATE: January 7, 2017

3820 Merton Drive, Raleigh, NC 27609

9:00-11:00am

Registration begins at 9:00 am. Workshop begins at 9:30 am.

\$26.99

Kick off 2017 with 4 A Better Life workshop and personal growth series. Learn how you can have the health, wealth, wisdom and love you deserve! This life changing series will cover:

- How to develop healthy and thriving interpersonal relationships
- Making your nutritional, mental and physical wellbeing a priority
- Achieving financial success for you and your family
- Overcoming the challenges of step and co-parenting and making it work
- Getting back into the work force and finding the right job that works for you
- Gaining insight on whether it's best to buy, sell or keep the home

Get to know the facilitators, ask questions, and learn more about 4 a Better Life and how the workshops will equip you to embrace your best life now and feel empowered to move forward!

For more information, contact Jen Bordeaux, Director of Public Relations, at jennifer@newdirection-family.com or (919) 719-3470.

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